

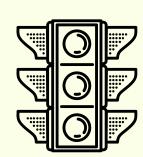
# BICYCLE SAFETY

## SAFETY TIPS FOR KIDS OF ALL AGES



#### HELMET SAFETY

- Be sure your helmet fits perfectly.
- Never wear a bandana or hat under your helmet.
- Straps should always be fastened, and helmet should be snug enough that you can't pull or twist the helmet around your head.
- Your helmet should cover your forehead.



#### POINTERS FOR SAFE RIDING

- Pedestrians ALWAYS have the right of way at crosswalks.
- You must ALWAYS obey traffic signal lights and highway signs.
- DO NOT ride on sidewalks.
- Ride in a bicycle lane when there is one.
- Ride in the same direction as vehicles are going.



### DO'S OF BIKE RIDING

- Make sure your headlight works and bicycle has reflectors.
- Watch traffic closely for turning vehicles and pulling out of driveways.
- Stop at all stop signs and red lights.



#### DONT'S OF BIKE RIDING

- Don't ride on or off curbs, the shock can damage tires, rims, frames, or bearings.
- Don't ride double.
- Don't ride with earphones in both ears.
- Don't leave bike unlocked and unattended.
- Don't ride when tires are soft/deflated. This can cause loss of control.



#### HAND SIGNALS

· Know your hand signals and use them!



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