



- Incarcerated people who are excluded from providing breast milk to their child due to a medical diagnosis will be notified of their status by facility medical staff.
- Incarcerated people who are excluded from providing milk will still be provided access to a breast pump for the purpose of preventing discomfort and /or to prevent infection.

**DIRECTIVE #3:****Expression of milk for relief of physical discomfort, to maintain milk supply, and/or to prevent infection**

The incarcerated person will be escorted to the facility medical station and provided with a manual breast pump to express milk for the purpose of relief from physical discomfort, to maintain milk supply, and/or to prevent infection.

The incarcerated person will be allowed to wash their hands as outlined in attachment 'A' and allowed to express milk into containers.

Medical staff will dispose of milk not collected for purpose of breast feeding.

**Procedure A: Expressing Milk for purpose of breastfeeding**

Incarcerated people who choose to provide milk for their child shall be allowed access to a breast pump and containers for the milk. Incarcerated people expressing milk shall be given reasonable privacy to do so.

Incarcerated people must read and complete an acknowledgement form (Attachment A) including the name the person that will arrive to pick up the milk prior to expressing milk into the storage container(s).

The incarcerated person will be escorted to the facility medical station and provided with a manual breast pump and containers. The incarcerated person will be allowed to wash their hands as outlined in attachment 'A' and allowed to express milk into containers.

**Medical staff will:**

- Collect the containers of milk from the incarcerated person.
- Label the containers with the mothers booking number, name and date collected.
- Store the containers in the designated medical freezer until they can be picked up by family members or the child's caregiver.

- Transfer the frozen milk to the designated person as outlined in Procedure B below.

**DIRECTIVE #4**

All arrangements for pickup of stored breast milk are the responsibility of the incarcerated person.

Coordination for the milk to be picked up shall be arranged prior to pumping and storing the milk.

All stored breast milk will be discarded if not picked up within 72 hours of being frozen.

**Procedure B: Transfer of Milk to Family Member or Guardian**

The incarcerated person will be responsible for telling the designated person to contact the facility Administrative Sergeant to arrange transfer of the milk.

When the designated person arrives at the facility, the Administrative Sergeant or their designee will:

- Confirm the person's identity.
- Contact medical staff to have the milk brought to the clerical station.

Medical staff will enter the mother's name, booking number, and date on the container(s) on the instructions / receipt form (Attachment B). The identified person picking up the milk must sign the form and will be provided with a copy of the form.