

KERN COUNTY SHERIFF'S OFFICE

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Issue: 26-04

TRAINING BULLETIN

DATE: January 26, 2026

DETENTIONS BUREAU MANUAL POLICY UPDATE: C-0300 Restraints – Protection of Incarcerated Person and Staff

The changes listed below were made to the Detentions Bureau Policy and Procedure Manual (DBPPM) **C-0300 Restraints- Protection of Incarcerated Person and Staff**.

Policies are available in the official version of the Detentions Bureau Manual, which is located on the "Detentions Bureau" page of the SharePoint website. In accordance with DBPPM "Maintaining Bureau Policies", any printed copies of the manual will be maintained and updated from this source. The official Detentions Bureau Policy and Procedure Manual may be accessed by clicking on the link below:

[Detentions Bureau - Detention Bureau Manual](#)

Please note: This update bulletin provides a summary of the revisions to the listed policy. Please review the whole policy to ensure that you are familiar with the changes.

Policy Highlights

Section C-0300 Restraints - Protection of Incarcerated Person or Staff has been updated:

POLICY

This policy applies to the use of restraints on incarcerated people who display behavior that results in the destruction of property or reveals intent to cause physical harm to themselves or others. It is not intended to affect the use of restraints for the routine movement of incarcerated people, which is covered under Section C-0400 of this manual.

Restraint devices will be used only when other, less restrictive alternatives would be ineffective in controlling the incarcerated person's disordered behavior and only after attempts have been made to de-escalate verbally. If restraints are needed, the level of restraints used shall be evaluated on a case-by-case basis and the minimum level of restraints needed to control the disordered behavior will be used.

DEFINITION:

Restraint System:

- A secure, padded system equipped with multiple restraint points (typically at the wrists, ankles, shoulders, and torso) designed to limit the movement of an incarcerated person.

WRAP Cart:

- A cart utilized in conjunction with the restraint system for transport needs. The restraint system must be applied prior to use of the WRAP cart.

Procedure D: Use of a Restraint System and Wrap Cart

- The restraint system and WRAP cart may be used to restrain an incarcerated person when the incarcerated person displays behavior that results in the destruction of property or reveals intent to cause physical harm to themselves or others and other less restrictive, alternatives would be ineffective in controlling the incarcerated person's disordered behavior (e.g., an incarcerated person displays or indicates the intent to resist and has a history of defeating other means of restraints).
- All requirements for the use of restraints detailed above shall apply to the use of restraint system. The following additional provisions shall also apply to the use of the restraint system and cart.

By acknowledging this training bulletin, you indicate that you have read and understand the contents of this training bulletin, DBPPM C-0300. All sworn personnel in the Deputy Sheriff and Detentions Deputy ranks assigned this bulletin are required to review and acknowledge this training bulletin by **Friday, February 27, 2026**.